

Welding Safety Equipment Checklist

Why is [welding safety equipment](#) important? Molten metal, noxious fumes and scathing ultraviolet and infrared light are just a few of the hazards that welders deal with. Wearing the correct safety equipment can protect you from these dangers, so you can focus on welding.

Welding Helmet

Look for an auto-darkening helmet with a shade range that suits the welding you do.

Safety Glasses

Find a comfortable pair to protect your peepers from airborne debris.

Gloves

With gloves available for every welder and process, try on a few and select a pair that fits your hands and your work.

Jacket

Leather provides the most protection and durability. Cotton is cooler.

Aprons and Sleeves

Wear these with a cotton jacket for extra protection during light-duty welding.

Respirator

Find one to that fits under your welding helmet.

Welding Hat or Beanie

The funkier the better.

