Welding Safety Equipment Checklist

Why is welding safety equipment important? Molten metal, noxious fumes and scathing ultraviolet and infrared light are just a few of the hazards that welders deal with. Wearing the correct safety equipment can protect you from these dangers, so you can focus on welding.

- **Welding Helmet**
  Look for an auto-darkening helmet with a shade range that suits the welding you do.

- **Safety Glasses**
  Find a comfortable pair to protect your peepers from airborne debris.

- **Gloves**
  With gloves available for every welder and process, try on a few and select a pair that fits your hands and your work.

- **Jacket**
  Leather provides the most protection and durability. Cotton is cooler.

- **Aprons and Sleeves**
  Wear these with a cotton jacket for extra protection during light-duty welding.

- **Respirator**
  Find one to that fits under your welding helmet.

- **Welding Hat or Beanie**
  The funkier the better.